

## MEN'S SIZE CHART BODY MEASUREMENT

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# LADIES' SIZE CHART

## BODY MEASUREMENT

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# CHILDREN'S SIZES CHART

## BODY MEASUREMENT

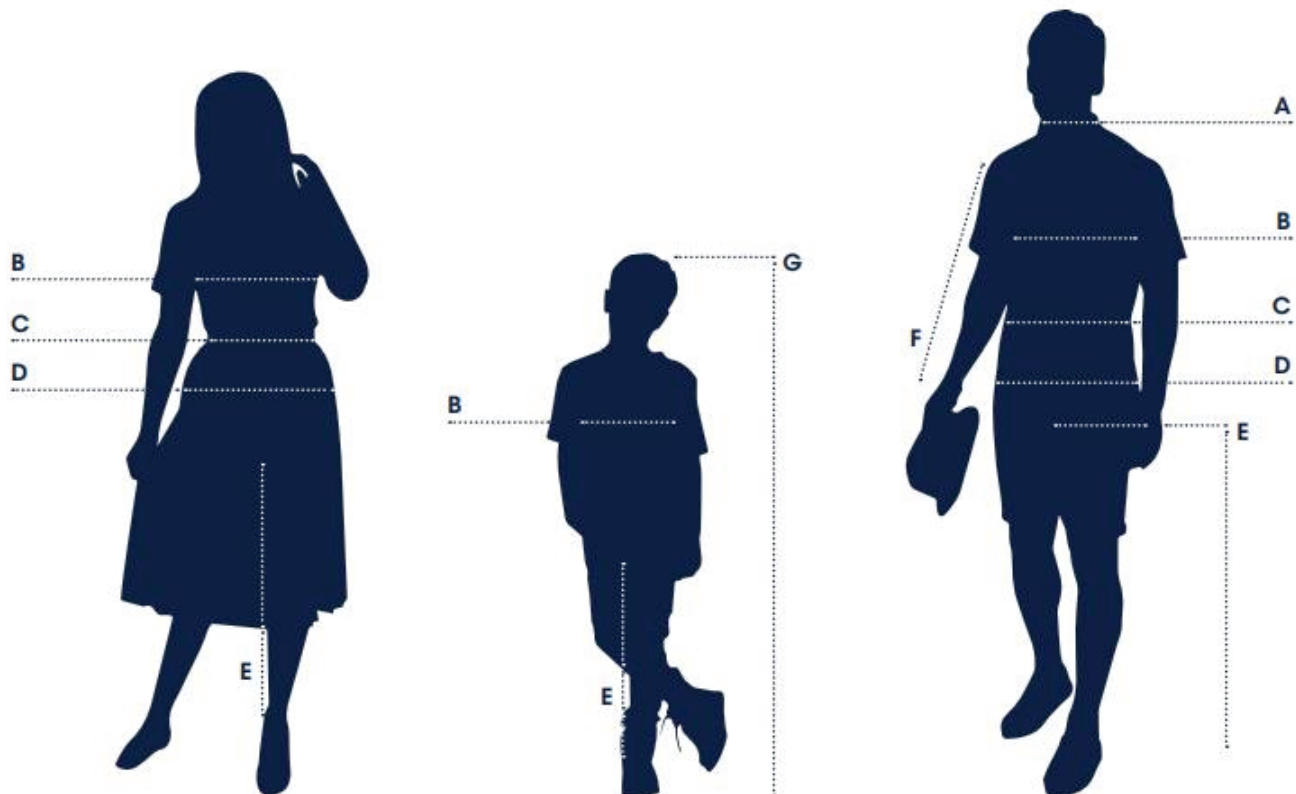
Years	2	3-4	5-6	7-8	9-10	11-13
Chest to fit (inch)	22-24	24-26	26-28	28-30	30-32	32-34
Chest to fit (cm)	56-61	61-66	66-71	71-76	76-81	81-86
Height	92-98	98-104	110-116	122-128	135-140	146-158
<b>International conversion</b>						
European	98	104	116	128	140	152
<b>Children's Hi-Vis Coat</b>						
Chest to fit (inch)		4-6	7-9	10-13		
Chest to fit (cm)		61-66	71-76	81-86		

## A SIZE GUIDE ON HOW TO MEASURE YOUR BODY

Please find below the guide-lines on accurate body measurements to determine the correct clothing sizes.

All our garments are produced with sufficient allowance for comfortable movement.

For actual garment measurements, do refer to our specification sheet which you will find on the website.



## HOW TO MEASURE

- A Collar:** measure around the base of the neck
- B Male Chest:** place a measuring tape 2.5cm below underarm around the widest part of your chest
- Female Bust:** place a measuring tape around your widest part of your chest
- Child Chest:** place a measuring tape 2.5cm below the underarm around child's chest
- D Hip Line:** place a measuring tape at the widest part of your hips, it is approximately 20 - 22cm below your natural waist
- E Leg length:** place a measuring tape along your inner thigh and measure from crotch to the bottom of your heel
- F Sleeve length:** place a measuring tape along superior side of your arm. Measure from your shoulder bone down to top of your wrist